

	Autumn 1 Health & wellbeing	Autumn 2 Relationships	Spring 1 Living in the wider world	Spring 2 Health & wellbeing	Summer 1 Relationships	Summer 2 Living in the wider world
Year 7	<p>Transition and friendships</p> <p>Transition to secondary school and new friendships, being part of a team recognising new people and establishing new routines</p> <p>CG2 – Friendship</p> <p>SSS2 – Feeling frightened/worried</p> <p>RRS links Article 3, 7, 8, 15, 23)</p>	<p>Diversity</p> <p>Bullying - diversity, prejudice. Respecting others and their beliefs</p> <p>MF1 – Self-esteem & unkind comments</p> <p>WILI1 – Diversity, rights and responsibilities</p> <p>(RRS 14,30,37,40)</p>	<p>Staying safe</p> <p>What to do in an Emergency - basic first aid and CPR. Personal safety, risk assessments and decision making</p> <p>SSS5 – Emergency situations</p> <p>SSS3 – Accidents and risk</p> <p>(RRS links Articles 3, 11, 17, 19)</p>	<p>Health and puberty</p> <p>Personal Hygiene and Puberty (changes in body/menstruation)</p> <p>Hormones and feelings - recognising and naming emotions (5 point scale)</p> <p>CG1 – Puberty</p> <p>HL1 – Elements of a healthy lifestyles</p> <p>HL2 – Mental wellbeing</p> <p>(RRS links Articles 12, 16, 17, 19, 23, 24, 27)</p>	<p>Individuality and the rights of a child</p> <p>An introduction to the UNCRC and the rights of the child. Comparing themselves to 11 year olds across the World</p> <p>(Setting up Class book)</p> <p>WILI1 – Diversity, rights and responsibilities</p> <p>(RRS links Articles - all)</p>	<p>Setting Goals</p> <p>Becoming a Global Citizen, the effects of Climate change and Pollution</p> <p>Global Goals</p> <p>WILI3 – Taking care of the environment</p> <p>(RRS link articles 14, 15, 17, 23, 27, 28, 29)</p>

Year 8	<p>Emotional wellbeing</p> <p>Mental health and emotional wellbeing, including body image, self esteem and coping strategies. Online 'perfection' and the reality. Benefits of exercise</p> <p>SSS1 – Feeling unwell</p> <p>HL2 – Mental wellbeing</p> <p>HL5 – Body image (RRS links articles 2, 6, 12, 17, 19, 23, 24, 27, 31)</p>	<p>Identity and relationships</p> <p>Family units and dynamics - divorce, separation and loss, healthy relationships, relationship changes and conflict resolution</p> <p>CG3 – Healthy/unhealthy relationship behaviours</p> <p>RRS link articles 3, 4, 5, 9, 18, 25, 26, 27)</p>	<p>Digital literacy</p> <p>Online safety - using Apps safely, media reliability, gambling hooks and overuse of gaming/mobile phones</p> <p>SSS4 – Keeping safe online</p> <p>SSS6 – Public and private</p> <p>SSS7 – Gambling</p> <p>WILI2 – Managing online information</p> <p>(RRS links articles 13, 15, 16, 17, 23, 31, 36)</p>	<p>Peer influence and gangs</p> <p>Healthy and unhealthy friendships, assertiveness, and gang exploitation</p> <p>SA4 – Managing pressure</p> <p>SSS2 – Feeling frightened/worried</p> <p>RRS link articles 14, 15, 17, 19, 40)</p>	<p>Discrimination</p> <p>Discrimination in all its forms, including: racism, religious discrimination, disability, discrimination, sexism, homophobia, biphobia and transphobia</p> <p>SA3 – Prejudice and discrimination</p> <p>RRS link articles 6, 7, 8, 9, 10, 14, 19)</p>	<p>Community and careers</p> <p>Equality of opportunity in careers and life choices, and different types and patterns of work. Personal career goals and presentation</p> <p>SA1 – Personal strengths</p> <p>SA2 – Skills for learning</p> <p>(RRS link articles 28, 29)</p>
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Year 9	<p>Mental health</p> <p>Mental health and ill health, stigma, safeguarding health, including during periods of transition or change. Mental Health charter. Mindfulness</p> <p>SSS1 – Feeling unwell</p> <p>MF2 – Strong feelings</p> <p>HL2 – Mental wellbeing</p> <p>(RRS link articles 12, 13, 17, 19, 37)</p>	<p>Respectful relationships</p> <p>Families and parenting, healthy relationships and unhealthy relationships - boyfriends/girlfriends - controlling behaviours and recognising the importance of choices,</p> <p>SHOSASV (Sexually Harmful, online sexual abuse and sexual violence)</p> <p>CG3 – Healthy/unhealthy relationship behaviours</p> <p>CG5 – Long term relationships and parenthood</p> <p>(RRS link articles 3, 5, 9, 12, 17, 18, 20, 21, 25, 27)</p>	<p>Financial decision making</p> <p>Saving, borrowing, budgeting and making financial choices</p> <p>WILI5 – Managing Finances</p> <p>WILI4 – Preparing for adulthood</p> <p>(RRS link articles 5, 9, 17, 25, 26, 32, 40)</p>	<p>Healthy lifestyle</p> <p>Diet, exercise, lifestyle balance and healthy choices, and first aid</p> <p>HL3 – Physical activity</p> <p>HL4 – Healthy eating</p> <p>HL1 – Elements of a healthy lifestyles</p> <p>(RRS link articles 17, 19, 24, 27)</p>	<p>Intimate relationships</p> <p>Relationships and sex education including privacy, personal space and consent. Assertiveness and saying no</p> <p>SHOSASV (Sexually Harmful, online sexual abuse and sexual violence)</p> <p>CG4 enthusiastic consent. – Intimate relationships, consent & contraception</p> <p>MF3 – Romantic feelings and sexual attraction</p> <p>(RRS link articles 3, 5, 9, 12, 17, 18, 20, 21, 25, 27, 29, 34, 36)</p>	<p>Employability skills</p> <p>Employability and online presence</p> <p>Year 9 options event</p> <p>SSS6 – Public and private</p> <p>WILI2 – Managing online information</p> <p>(RRS link articles 5, 9, 16, 17, 25, 26, 32, 40)</p>
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Year 10	<p>Drugs and alcohol</p> <p>Alcohol and drug misuse and pressures relating to drug use</p> <p>HL6 – Medicinal drugs HL7 – Medicinal drugs Drugs, alcohol & tobacco</p> <p>Open Awards - Substance Misuse (EL1,2,3) EL1 - A/615/5935 EL2 - F/615/6347</p>	<p>Healthy relationships</p> <p>Gender identity and sexual orientations. Relationships and sex expectations, myths, pleasure and challenges, including the impact of the media and pornography. Contraceptions and the risk of STI's. SHOSASV (Sexually Harmful, online sexual abuse and sexual violence)</p> <p>(RRS 12, 13, 15, 16, 17, 19, 34, 36, 39)</p> <p>SSS6 – Public and private</p>	<p>Financial decision making</p> <p>The impact of financial decisions, debt, gambling and the impact of advertising on financial choices</p> <p>WILI5 – Managing Finances WILI4 – Preparing for adulthood</p> <p>SSS7 - Gambling</p> <p>RRS link articles 3, 15, 17, 26, 27</p>	<p>Exploring influence</p> <p>The influence and impact of drugs, gangs, role models and the media</p> <p>SA4 – Managing pressure SSS2 – Feeling frightened/worried</p> <p>(RRS link articles 10, 11, 15, 17, 19, 22, 30, 33, 36, 37, 39, 40)</p>	<p>Addressing extremism and radicalisation</p> <p>Communities, belonging and challenging extremism</p> <p>SA3 – Prejudice and discrimination WILI1 – Diversity, rights and responsibilities</p> <p>(RRS links Articles 2, 3, 6, 7, 8, 10, 11, 26, 30, 32, 36, 38, 40)</p> <p>Open Awards - Rights and Responsibilities (EL1,2,3) EL1 - F/615/6018 EL2 - J/615/6814 EL3 - D/615/6348</p>	<p>Work experience</p> <p>Preparation for and evaluation of work experience and readiness for work - Inspirational men/women in the world of business</p> <p>Y10 Taster days (Middlesbrough College/SRC)</p> <p>WILI4 – Preparing for adulthood SA1 – Personal strengths SA2 – Skills for learning</p>
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	<p>EL3- Y/615/6347</p> <p>(RRS link articles 24, 27, 33, 36)</p>	<p>CG4 enthusiastic consent. – Intimate relationships, consent & contraception</p> <p>Open Awards - Sex and Relationships (EL1,2,3)</p> <p>EL1 - M/617/9066</p> <p>EL2 - T/617/9067</p> <p>EL3 - Y/615/6400</p>				<p>(RRS links Articles 28, 29)</p>
<p>Year 11</p>	<p>Building for the future</p> <p>Self-efficacy, stress/anger management</p> <p>MF2 — Strong feelings</p> <p>Open Awards - Stress Management (EL1,2,3)</p> <p>EL1 - D/615/5586</p> <p>EL2 - Y/615/5800</p>	<p>Communication in relationships</p> <p>Personal values, assertive communication (including in relation to contraception and sexual health), relationship challenges and abuse - SHOSASV (Sexually Harmful, online sexual abuse and sexual violence)</p>	<p>Independence and PfA</p> <p>Knowing your local area – the wider community and independent travel options</p> <p>SSS2 — Feeling frightened/worried</p> <p>Open Awards - Knowing your local area</p>	<p>Independence and Healthy Lifestyles</p> <p>Responsible health choices, and safety in independent contexts</p> <p>HL1 — Elements of a healthy lifestyles</p>	<p>Families and relationships</p> <p>Family and parental responsibilities, pregnancy, adoption, IVF, miscarriage. Marriage and forced marriage and changing relationships- legal rights, rape, DV etc. SHOSASV (Sexually Harmful, online sexual abuse and sexual violence)</p>	

<p>EL3 - Y/615/5800</p> <p>Open Awards - Emotional Wellbeing??</p> <p>RRS links Articles 12, 16, 17, 19, 23, 31)</p>	<p>CG4 enthusiastic consent. — Intimate relationships, consent & contraception</p> <p>(RRS links Articles 3, 15, 16, 17, 19, 34, 36, 37, 40)</p>	<p>EL1 - L/615/5668</p> <p>EL2 - R/615/5794</p> <p>EL3 - H/615/6426</p> <p>Open Awards - Using public transport</p> <p>EL1- ??</p> <p>EL2 - F/615/9906</p> <p>EL3-Y/615/6378</p> <p>RRS link articles 3, 6, 10, 15, 24, 31)</p>	<p>Open Awards - Developing a Healthy Lifestyle (EL1,2,3)</p> <p>EL1 - R/615/5665</p> <p>EL2- L/615/5793</p> <p>EL3 - A/615/6423</p> <p>(RRS links Articles 24, 27, 32)</p>	<p>CG5 — Long term relationships and parenthood</p> <p>(RRS links Articles 3, 15, 16, 17, 19, 34, 36, 37, 40)</p>	
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